



CURRICULUM, INSTRUCTION & PROFESSIONAL DEVELOPMENT

Health and Physical Education Office

Teacher Resource Center

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September 2009

TO: Elementary and K-8 Principals

FROM: Robin Sinks, Health Curriculum Leader

RE: **Long Beach ALIVE (Alternatives to Living in a Violent Environment)**

As you well know, family violence is a reality for many of our students. It affects how they feel about themselves, how they relate to adults and peers, how they cope with stress, and how they perform at school. **Long Beach ALIVE**, a non-profit providing services in Long Beach since 1990, offers educational presentations about child abuse for 4th and/or 5th grade students, resource cards for school support staff working with families, and referrals to local agencies providing counseling and support services to families affected by violence.

The two 1-hour classroom presentations, provided at no cost to schools, align to the California Health Education Content Standards and have been well received by teachers in 20+ LBUSD schools.

For additional information, visit <http://www.LongBeachALIVE.org>. Also, representatives from Long Beach ALIVE would be happy to meet with you, your 4th/5th grade teaching staff, and parents to provide information about the program and answer any questions that any might have. Presenters have flexibility in their schedules; they strive to meet the needs of the school site. To schedule presentations, please contact Bill Cole at (562) 596-7546.

Please feel free to contact me if you have any questions or require additional information. Also, you may contact the following individuals who have had the ALIVE! program at their school site:

Nancy Rettig, Counselor at Burnett

Gabriela Sanchez, Community Liaison at Tincher

C: Elementary Nurses
Elementary Counselors
Jill Baker, Assistant Superintendent, Elementary Schools
Gwen Mathews, Assistant Superintendent, K-8/Middle Schools

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